



*The Arc of Rappahannock, Inc. and University of Mary Washington are pleased to announce that Daybreak is Returning!*

**Fall 2009 Daybreak Dates: September 26, October 10, October 24, and November 7 from 2-5 p.m.**

Parents enjoy afternoon respite while UMW students offer play-based activities for your children. Children enjoy games, arts/crafts, and activities while families enjoy a much deserved break!

Daybreak is being offered for preschool aged children with an individualized education plan (IEP) through high school children. The Arc serves children with developmental disabilities including autism, cerebral palsy, and those with intellectual disabilities. Daybreak meets at Christ Lutheran Church, 1300 Augustine Ave., Fredericksburg, VA. Fee is \$6.00 per child which helps cover the cost of activities. Please send a snack with your child.

In order to allow as many families as possible to register for a Daybreak session, you must email the Daybreak Coordinator the Monday before each session (we suggest you mark these Mondays on your calendar). We're sorry but we cannot accept email requests prior to these Mondays. We then match up your children with volunteers and will email a confirmation by that Wednesday. In the event that there are more children than we can accommodate, we will maintain a waitlist. Only those families with complete Daybreak applications on file will be allowed to participate and be placed on the schedule or waitlist.

To receive more information and an application for Daybreak, please contact: Daybreak Student Coordinator, Heather DeCou, LPC at [hdecou@umw.edu](mailto:hdecou@umw.edu) or Faculty Coordinator Nicole Myers, Ph.D. at [nmyers@umw.edu](mailto:nmyers@umw.edu).